

Why Not Pearls of Wisdom

After 16 years, I lost my job. It was devastating, sad, painful and life changing. I was not new to the story of good employees losing their jobs but when it happened to me, I decided to journal every day about the experience of recovery and reinvention. My hope is that if someone else finds themselves in this place, they will be able to validate whatever they are feeling. Here are my six weeks pearls of wisdom...

Day 1: I wonder if the “What If” is still the sentiment that will propel me forward wherever I am going next. After a week of thinking about it, I have decided “Why Not” is perhaps more meaningful.

Day 2: This process is hard and sad and stressful and sucks the life out of you. Live the process, I don't think you have a choice.

Day 3: Causing division does not necessarily lead to a positive outcome. Toxicity only holds you hostage and I don't want my emotions to control my decisions.

Day 5: I am nowhere near being ready to think about what I want to do next.

Day 6: I guess the truth is, this has all taken a much bigger toll on me than I realize.

Day 7: I cleaned out my office after 16 years. I thought it would be weirder than it was.

Day 8: Whether I am ready or not, that story has ended, and I need to move forward.

Day 9: This is the change I am not afraid of –limitless possibilities and playing with how to bring them into fruition.

Day 10: The wheels are starting to turn.

Day 12: The most irritating thing in this story at this point is how I want to move on more than anything and I feel like there are continued waves of drama.

Day 13: My Top Ten- what things are most important to me in a job moving forward.

Day 14: Always impressed with what happened when you think big and surround yourself with creative people!

Day 15: I am grateful that people have stood up for me and defended me. I hope now I can move on to focus on my next adventure.

Day 16: Moving on is hard but knowing when to leave is important for everyone and it is time for me to do that.

Day 17 We all deserve to work somewhere we feel inspired, appreciated, and like what we are doing is important and part of a bigger picture.

Day 20 I realize that my goal right now is to be as open as I can to as many ideas as I get.

Day 21: Try and remember that a handful of people have been horrible, but many handfuls of people knew me, my reputation, and my work ethics and they are standing by me.

Day 22: So many years creating something only to watch it all be dismantled.

Day 23: What I think I need to do now is how to streamline my interests and determine what is feasible and how to make money from it!

Day 24: I continue to feel more confident in the future and feel bolder again to trust myself and take risks.

Day 25: The truth is I do have a job. I am in the business of realigning my What If into Why Not and that is serious work.

Day 27: Today I make an outline for what I want and how I going to move forward.

Day 28: It is a huge adjustment and your psyche takes longer to process it than we really let on by our behavior.

Day 29: Genuine relationships are hard to let go of or redefine.

Day 30: Fina evaluation of where I started emotionally and where I am now. I'm still banged but I am moving forward!